

AN EH-MAZING PLACE

FROM KENSINGTON TO THE CABOT TRAIL, METRO'S FIVE LOCALE PICKS FOR REALITY SHOW'S CANUCK SPINOFF PAGE 16



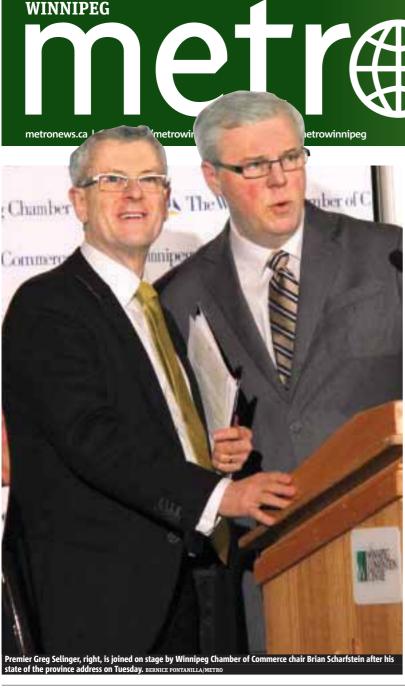




®







Wednesday, December 12, 2012 News worth sharing.



'Excuse of the century.' Tories question whether government has a plan



The flood of the century has become the "excuse of the century," Manitoba's leader of the opposition charged in response to the provincial government's announcement that it will not balance its books until 2017.

"The flood last year was a quarter of the reason for the deficit, but three-quarters of the reason was the NDP government's tendency toward overspending," Progressive Conservative party leader

Shot for shot

Police Pistols for Pixels gun-

amnesty program triggers huge response PAGE 4 Brian Pallister said.

"The reality is we cannot continue in a fiscally unsustainable manner."

Premier Greg Selinger said his government had hoped to balance its books by 2014-15, but is now looking at 2016-17.

"We've seen a global slowing of the recovery. It's not unusual," Selinger said after a lunchtime address to members of the Winnipeg Chamber of Commerce.

"We're taking those conditions into account and adjusting our program accordingly to make sure that we keep growing the economy, training people and shrinking the gap between revenue and expenditures as we go forward."

Selinger said everything is on the table to address the financial situation, including

tax hikes, zero wage increases for civil servants, and reduced spending — though health care and education won't be touched.

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Pallister said there are a number of provincial governments dealing with the slowing of the global economy, but he doesn't believe Manitoba is one of them.

"It's saying it has a problem, but it's not offering solutions to the problem that it claims it has. It's saying that revenues are a problem, but revenues are predictable." Pallister added

predictable," Pallister added.
"This leads to the question, what is the government's plan for dealing with their overspending problem?"

Selinger said more details will be made public by Finance Minister Stan Struthers next week.

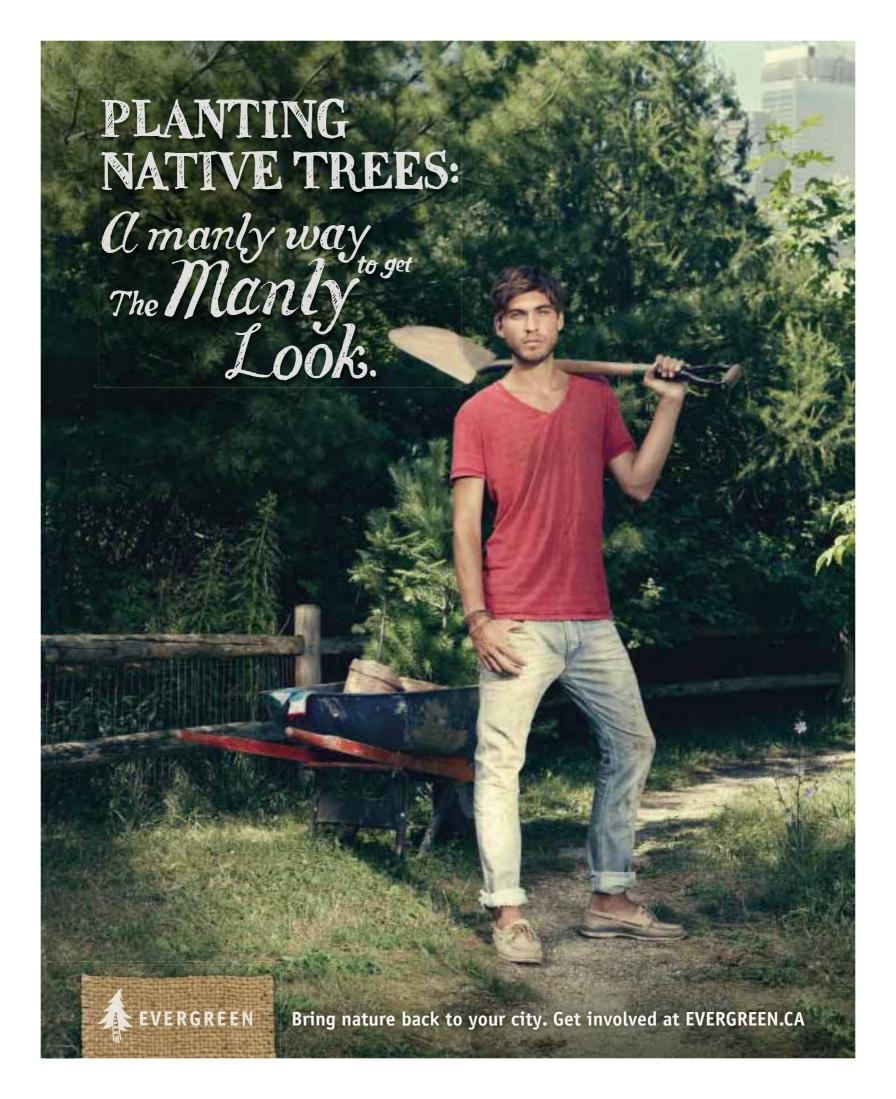
Awww, snap!

App that takes pic of person unlocking phone may help recover mobile PAGE 6

Picture this

Boy Meets World goes all grown up — can TV do the same for Urkel? PAGE 12





Analysis

City contracts under further scrutiny

The chair of Winnipeg's finance committee says concerns raised by a political consultant over solesourced contracts are worth further inspection.

Coun. Russ Wyatt said he forwarded an open letter sent to city council and the media by Brian Kelcey onto city CAO Phil Sheegl and auditor Brian Whiteside.

"I want to see what they have to say," said Wyatt, adding that he would do the same in any case where someone charged city policies had been broken.

"(Kelcey) is making a statement and he's done some research around it, so I want to see if this is true.'

Kelcev said he documented three instances where he believes city policies in the awarding of contracts were violated.

One is a contract awarded to Dunmore Corporation to manage the new police headquarters. "All avail-able evidence suggests this contract was untendered, in violation of policy FM-002," Kelcey noted.

City policy says solicita-tion of competitive bids should occur if the estimated value of a consultant service exceeds \$100.000.

"Here's three cases where everything on the public record suggests that the city is breaking its own policies with respect to contracts worth millions of dollars," said Kelcey, adding that he has no evidence of wrongdoing by the companies themselves.

Kelcey said the documents he used to crossreference for his findings were made public during the last finance committee

Wyatt said that's why they started "quarterly reporting.

"We wanted this trans-parency," he added. BERNICE PONTANILLA/METRO



House fire closes street

A house on Arlington Street caught fire Tuesday just before 2 a.m., but no one was hurt. The fire saw Arlington closed between Dufferin and Stella avenues while firefighters tackled the blaze. Damage is estimated at \$185,000. The Arson Task Force is investigating. HOWARD WONG/FOR METRO

Driving. Checkstop programs in full swing

Winnipeg police and Manitoba RCMP both report a successful first week for their annual holiday Checkstop programs.

In the city, 767 vehicles were stopped, with eight drivers being charged with impaired driving or refusing a breathalyzer.

The week saw five drivers suspended, three drivers receive 24-hour suspensions and one person arrested under the Intoxicated Persons Detention

Act in Winnipeg.
The RCMP checked 2,603 vehicles at 69 separate Check-stops provincewide during the

In all, the RCMP charged 19 people with impaired driving or driving over .08, and another four drivers with refusing a breathalyzer. One person was charged with being impaired

by a drug.

The RCMP also made four drug seizures, which led to two charges of possession for the purposes of trafficking.

Eleven drivers were charged for not wearing a seat belt provincewide and 360 other trafficrelated charges were laid under the Highway Traffic Act by the RCMP.

Fort Garry Hotel celebrates a century

Year-long bash. City icon to see renovations as part of anniversary event

Whether it's called the castle or the haunted hotel, the Fort Garry Hotel just might be Winnipeg's most iconic building.

The hotel, which has watched over the city through two world wars and several big floods, kicked off its 100th birthday celebration Tuesday.

"The celebrations will take place throughout the new year," said Ida Albo, who owns the Fort Garry Hotel with her husband, Rick Bel. "The first piece that we launched is our guest loyalty program and something in respect to people who get married at the hotel."

The guest loyalty program offers points redeemable toward guest-room nights, Ten Spa services, classes at Yoga Public and the famous food at the Fort Garry Hotel.

People who get married at the hotel get an all-inclusive \$100 wedding package, which includes your meal, alcohol al-

The Fort Garry Hotel will also be treating itself to its own birthday gift. "We will be unveiling a very extensive renovation program and repositioning of the hotel this year," said Rick Bel. "We will announce this before the end of our birthday celebration year."

lowance, flowers, wedding cake and chair covers. Their names get put into a hat and someone will get their wedding for free.

The birthday celebrations will continue throughout 2013.

"In February, we're asking people to do a historical trivia scavenger hunt that the hotel is

sponsoring," said Albo.
"Some of it will be around the hotel and in historic places of the city, some will be more intellectual from the different eras, from 1913 to present.

"We have prizes like tickets to the Junos, pyjama parties at the hotel, Hamam parties up in Ten Spa and concert tickets. GRAEME COLEMAN/FOR METRO



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metronews.ca Wednesday, December 12, 2012 metr⊕

Program takes guns and ammo off city streets

Trade-off . Police say more than 1,700 quns and 13,000 rounds of ammunition were turned over in exchange for free cameras



Winnipeg police say they hit a bull's eye with their Pixels for Pistols program after more than 1,700 guns and 13,000 rounds of ammunition were taken off city streets during the monthlong gun amnesty.

"I'm just so thrilled with resounding success," said Chief Devon Clunis of the partnership with Henry's Photo and Panasonic that offered Winni-



Pistols program was a success.

peggers the chance to trade in firearms for a camera from Nov. 1 through Nov.

"It's this type of community effort that's going to lead to a safer community for all of our citizens."

Those who turned in guns were not charged with possession and storage offences under The Firearms Act, but police said the turned-over firearms would be investigated for links to criminal offences

Patrol Sgt. Kevin Wiens, who's now in charge of the unit tasked with processing the weapons and ammo, said he wouldn't be surprised if some of the weapons brought in - including "a few sawed-offs"— have a criminal past, and ballistics information from those firearms will be passed on to a national data base.

The last time the WPS offered an amnesty in 2010, nearly 200 firearms were brought in, and Wiens said offering cameras this time around made all the differ-



Celebrating the miracle

Mayor Sam Katz and Rabbi Avrohom Altein from the Chabad Lubavitch Centre light the Menorah at city hall on Tuesday afternoon. This year, Hanukkah started Saturday evening and will end Dec. 16.

Dangerous driving

Youngsters charged after iovride

A teenager and a 12-year-old boy are facing charges after a stolen car was taken on a joyride through the Lord Roberts and Riverview areas early Monday.

Police were called to the 700 block of Nassau Street South around 1 a.m. after Air1, a police helicopter, noticed a minivan being driven suspiciously through several area back lanes and hitting a parked car. Both have been released on a promise to appear. METRO

Norwood

Business robbed at knifepoint

Police are looking for two men after a Norwood-area business was robbed at knifepoint Monday night. Two male suspects

demanded and received an undisclosed amount of cash from an employee working at the business in the 300 block of Marion Street around 10:10 p.m. No one was injured during the robbery. metro



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Defiance. North Korea fires rocket in face of global condemnation

North Korea defied international warnings and fired a longrange rocket Wednesday, the second launch under its new leader and a clear sign Pyongyang is pushing forward with its quest to develop the technology needed to deliver a nuclear warhead.

Pyongyang's state media claimed that the country had successfully put a peaceful satellite into orbit with its long-range Unha-3 rocket — the North's stated goal of the launch. But South Korea and Japan said they could not immediately confirm that. The launch was something of a surprise, as North Korea had indicated technical problems with the rocket and had extended its launch window to Dec. 29.

A rocket expert said North Korea's rocket appeared to have improved on an April launch, which broke apart shortly after liftoff, but that it might be a day before U.S. officials could determine whether a North Korean satellite was circling the Earth.

The United Nations, Washington, Seoul and others see the launch as cover, meant to test technology used for missiles that could strike the United States.

Rocket tests are seen as crucial to advancing North Korea's



nuclear-weapons ambitions. The country is thought to have only a handful of rudimentary nuclear bombs. But Pyongyang is not yet believed capable of building warheads small enough to mount on a missile that could threaten the U.S.

South Korean Defence Ministry spokesman Kim Min-seok said at a televised news conference that a South Korean Aegisequipped destroyer detected the launch at 9:51 a.m. local time and that the first stage fell into the Yellow Sea about a minute later. The rocket then flew over a South Korean island near the border with North Korea a minute after that. The

rocket was seen flying west of Okinawa at 9:58 a.m. and then disappeared from South Korean radars, Kim said.

William Lewis, a spokesman for the U.S. North American Aerospace Defence Command, which tracks such launches, had no immediate information about the reported launch.

Japan protested the launch and said one part of the rocket landed west of the Korean Peninsula and another part was expected to have landed east of the Philippines. South Korean President Lee Myung-bak planned an emergency national security council meeting Wednesday, and South Korean Foreign Minister Kim Sung-hwan warned that North Korea will face grave consequences.

Jonathan McDowell of the Harvard-Smithsonian Center for Astrophysics said officials would likely have to wait a day or so to see if the United States can find anything placed in orbit by North Korea.

Success would be defined as "something that completes at least one orbit of the earth," he said. But "clearly this is much more successful than their last attempt. It's at least as good as they've ever done. They've proved the basic design of it."

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NEWS metronews.ca Wednesday, December 12, 2012

Carly Rae Jepsen

B.C. man charged in nude photo hack

Vancouver police have charged Christopher David Long, 25, of Abbotsford, B.C., with hacking into pop superstar Carly Rae Jepsen's computer and stealing nude photos of her in March.

Long is charged with fraudulently obtaining telecommunications services, unauthorized use of a computer, mischief to obtain data, identity fraud and possession of stolen property. METRO VANCOUVER

Inner Depravity

Trial begins for gory filmmaker

A jury trial is underway for a Quebec special-effects artist who faces criminal charges because he produces gory horror films.

Remy Couture is charged with corrupting morals through the distribution of obscene materials.

He was arrested because of short, sexually explicit horror films based on a character he created and wanted to bring to life on a website named Inner Depravity. THE CANADIAN PRESS



So the 'R' stands for regret?

Director of Clinical Operations Dr. William Kirby, right, looks over Emily Holmes, who is using a laser to remove Eric Hartsburg's Mitt Romney face tattoo, in Beverly Hills, Calif., Tuesday. Hartsburg, an Indiana-based wrestler and one-time fan of GOP presidential candidate Mitt Romney, tattooed the Romney campaign logo on his face and is working toward its removal. Hartsburg will undergo about a dozen treatments to remove the Romney "R" tattoo from his face.

Stolen iPhone's app snaps photo of alleged thief

'IGotYa'. Installed app takes picture of anyone trying to unlock phone and sends info back to owner via email

It's a cool app that may catch a sticky-fingered iPhone thief in Britain.

A woman is wanted for questioning after she unwittingly took a picture of herself with a stolen iPhone. Police in Sussex have released a photo of the woman. They aren't calling her a culprit yet.

"We don't know that the woman is the person who stole the camera but she obviously has had some connection with it in the meantime, and I'd like to speak to her about it," said Sussex officer Gavin Crute in a



news release.

The phone had been stolen from the Coalition nightclub in Brighton, East Sussex, earlier this month.

The photo was taken from a

different location.

The owner had an app installed that takes a picture of anyone trying to unlock the phone and then sends the information back to them via email.

The app, identified by some media outlets to be IGotYa, is not available from the official Apple store.

The photograph is activated when a wrong password is entered on the keypad.

Crute said that not only does the app photograph someone trying to unlock the phone, but it maps their location.

"We know where and when the photo was taken, and it appears to be in a vehicle with quite a large sunroof," Crute said

Apple has a free app called Find my iPhone, which shows a stolen phone's approximate location. It does not, however, take a picture.

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iPhone app





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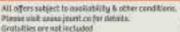




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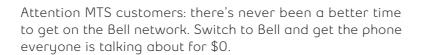




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metronews.ca Wednesday, December 12, 2012 metr⊕ **NEWS**

Not worth the risk?

Vancouver DJs ban prank calls

A Vancouver morning show has decided prank calls aren't worth it after fallout from an Aussie radio station's call to a

London hospital. Jack FM 96.9 hosts Tara Iean Stevens and Kiah Tucker put an indefinite hold on the calls after a nurse was found dead after the prank.

EMILY JACKSON/METRO VANCOUVER

Prank-turned-tragedy may result in charges

Could the Australian radio station behind a royal hoax phone call face criminal charges for airing the conversation? The question was being discussed in legal circles Tuesday.

Two DJs from Sydney's 2DayFM who phoned an exclusive London hospital got confidential information about the pregnant Duchess of Cambridge, who was there suffering from severe morning sickness.

A nurse who answered the call died later — leading to wide criticism of DJs Mel Greig and Michael Christian, who had pretended to be Queen Elizabeth II and Prince Charles.

The New South Wales state Surveillance Devices

Act prohibits the broadcast of recorded private conversations without participants' permission, with violations punishable by up to five years in prison and a fine of up to

Privacy law expert Barbara McDonald said the Commercial Radio Code of Practice has a similar ban.

Regional Open House

Bipole III Transmission Project Final Preferred Route Adjustments

Manitoba Hydro has made revisions to the final preferred route of the Bipole III transmission line in three areas. You are invited to attend a public open house and share your comments or concerns about these route adjustments. Please see the schedule below for location, time and date. All are welcome to attend. Refreshments will be served.

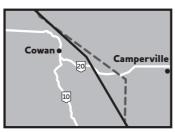
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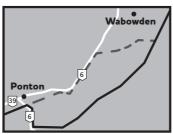
December 18th, 2012 4:00pm to 8:00pm Holiday Inn South 1330 Pembina Highway, Winnipeg

For more information on the project please visit www.hydro.mb.ca/bipole3. You can also contact us toll-free on the Bipole III Project Information Line at 1-877-343-1631, in Winnipeg at 204-360-7888, or email us at bipole3@hydro.mb.ca.













'Shots after shots after shots .

Pre-Christmas terror.

Shoppers flee in a frenzy of fear as camouflaged gunman opens fire, killing 2

A gunman wearing cam-ouflage and body armour brought terror to a crowded Christmas shopping Tuesday.

Shoppers screamed and cried, grabbed their children and ran for the nearest doors as shot after shot rang out at the Portland, Ore.-area mall.

Police said two people and the gunman - died.

The gunman apparently killed himself. Sheriff's Lt. Iames Rhodes said amid the chaos that the police didn't fire any shots.

Kira Rowland said she was shopping at Macy's in the Clackamas Town Center when the shots started.

"All of a sudden you hear two shots, which sounded like balloons popping," Rowland said. "Everybody got on the ground. I grabbed the baby from the stroller and got on the ground.'

Rowland said she heard people screaming and crying.
"I put the baby back in

the stroller and ran like hell,' Rowland said. "It was awful. It was shots after shots after

shots like a massacre."
Holli Bautista, 28, said she was shopping in Macy's for a Christmas dress.

"I heard people running and screaming and saying 'Get out, there's somebody shooting'," she said. Macy's employees Pam Moore and Austin Patty said the shooter was short, with dark hair. dressed in camouflage.

He had body armour and a rifle and was wearing a white mask, they said.

THE ASSOCIATED PRESS

"I heard about 20 shots. and everyone hit the ground. That's when we all just ran."

Pam Moore, Macy's employee





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metronews.ca Wednesday, December 12, 2012 metr⊕ **BUSINESS**

Facebook. Hunger Games tops pop-culture mentions in 2012

The Hunger Games, the teen survival movie based on the Suzanne Collins book of the same name, tops the list of the most talked about pop culture events by Canadians on Facebook in 2012, the social media network says.

"Most talked about" means mentioned in status updates or posted as a video or story link. The company does not disclose numbers, only rankings. TORSTAR NEWS SERVICE

- No. 1 Hunger Games film
- No. 2 The Avengers film
- No. 3 Television show The Walking Dead
- No. 4 The Feb. 11 death of Whitney Houston
- No. 5 Mitt Romney

Canada Post. Holiday rush brings onslaught of mail - and griping

It's supposed to be a time when festive packages are delivered with care and yuletide greeting cards are opened with glee

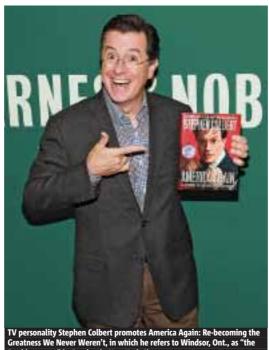
But for some Canada Post customers - and the postal employees who have to deal with their complaints — it's not exactly the hap-happiest time of the year. As the volume of letters and parcels being delivered by the post office reaches massive levels over the holidays so, too, does the griping.

When Canada Post issued a release on its Facebook page Dec. 3, urging people to check international sendby dates for Christmas packages, there were dozens of not-so-kind responses from people bitterly upset about lost parcels, late deliveries and high postage costs.

Faster technology has made it easier to locate pack-ages, but has also raised people's expectations of how quickly their goods should arrive, said Canada Post spokeswoman Anick Losier. "Our No. 1 call to the customer service is 'Where's my due," she said

THE CANADIAN PRESS

Windsor BIA steps up campaign to woo Colbert



'Earth's rectum' furor.

With new video, locals make last-ditch attempt at convincing comedian to host holiday parade



LUKE SIMCOE

With less than four days to go until its inaugural Santa Claus parade, the Downtown Windsor Business Improvement Association is hoping a new video will convince Stephen Colbert to play host.

Filmed by Marshall Sfalcin and starring BIA chair Larry Horwitz, the video is the latest missive in a campaign that began last month when Colbert responded on his show to the brouhaha over his referencing of Windsor, Ont., as "the Earth's rectum" in his new book America Again: Re-becoming the Greatness We Never Weren't. (He told viewers he could have just as easily been talking about Winnipeg.)
Since then, Horwitz has

"We've been given a clean bill of health."

Larry Horwitz, chair of the Downtown Windsor Business Improvement Association, who claims a 'geoproctologist' has examined Windsor and found that the city isn't the

been trying to get the American comedian to cross the border and serve as the grand marshal of the new holiday parade.

Although filmed "entirely in Windsor," the video tells the tale of Horwitz's journey to New York to deliver a box full of Canadian goodies to Colbert. Along the way, he encounters rude baristas and has a run-in with security at Colbert's Comedy Central studios.

The downtown Santa Claus Parade is scheduled for 3 p.m. on Saturday. To date, Colbert has not responded to the BIA's request.



Watch the video at metronews.ca.



parcel?' — the day before it's

Online health services

WebMD to cut jobs by 14%

Health website operator WebMD savs it will cut about 14 per cent of its workforce as part of a push to reduce costs. The New York company says the cuts amount to about 250 positions, and it expects to reduce annual operating

expenses by \$45 million US. WebMD provides health and benefits information to consumers, employers, doctors and health plans. It has been under pressure this year as drug companies cut back on advertising, and competition from social networking sites and ad networks increased.

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Economic status. Poorest Canadians see few gains in absolute income

Income inequality in Canada has remained steady since 1998 according to the traditional benchmark, but absolute dollar gains by the country's highest earners have far outstripped the gains by those at the bottom, a report by TD Bank said Tuesday.

Even though the poorest saw a slightly larger percentage gain in income, absolute gains — the amount of dollars in a person's pocket tell a different story, said TD Bank chief economist Craig Alexander.

"Although the traditional benchmark of income in-equality isn't showing an increase, the absolute levels of income matter enormously," he said.

After a 20-per cent increase, the after-inflation level of income of those in the bottom 20 per cent increased to only \$15,200 in 2010 from \$12,700 in 1998.

Meanwhile, at the high end of the income scale, the top 20 per cent have seen an 18-per cent increase in income since 1998, but that translates into \$26,700 to bring their income to \$171,900.

"So part of the issue around income inequality is the fact that households at

in the bottom 20 per cent increased to only \$15,200 in 2010 from \$12,700 in 1998.

the low end of the income scale have extremely absolute low levels of income, and that's a major challenge," Alexander said.

And, he points out, those in the middle of the range have seen the slowest pace of increases as the downward pressure on jobs and wages in the manufacturing sector has weighed on growth.

Alexander said within the middle group there was likely a range of experiences depending on what sector individuals were employed in.

The report says the gap between rich and poor increased in the 1990s as governments worked to balance their budgets, but since then has held steady.

The results compared with growing income inequality in the U.S. which has seen its middle class eroded over the last two decades. The CANADIAN PRESS



CAGE CLOSED ON IKEA MONKEY



Is the monkey over yet?

For 15 minutes, the Ikea Monkey was the most famous monkey in the world, the toast of everyone from Warren Kinsella to Anderson Cooper.

There he was last Sunday, larking around a Toronto Ikea parking lot in his cute little shearling coat and diaper, searching for the meatball special, distracting us for one brief monkeyshines moment, from the end of the world (Dec. 21) or the fiscal cliff (Jan. 1). If the Mayans don't get us, the U.S. Congress will.

I mean, come on. How could you resist the combination of a place where you buy rättviken sinks and ektorp sofa beds with a baby monkey named Darwin who brushes his teeth before he goes to bed and wears a Wizard of

Oz-winged monkey costume for Halloween? It was all fun until the authorities stepped in. They

So that's it for Darwin, although he does leave a Twitter account and Facebook page behind, but he'll have to update his status from free-ramblin' to caged. confiscated the coat and sent him to Story Book Farm Primate Sanctuary in Sunderland, north of Toronto. Arguably the story gets better. Now, Darwin, stripped of his raiment, has to learn to be a real monkey all over again. He'll have to bond with the other mon-keys, and he'll have to do it without his 'nuck-'nuck (baby pacifier).

Darwin's owner is distraught. Darwin is, after all, seven months old, and

needs his mommy, even if his mommy has a little trouble telling one primate species from another. Now Darwin has gone to live on the back of some other confused primate. Sanctuary staff are hoping that will be Sweet Pea, a baboon rescued from a roadside zoo.

As you might imagine, Sweet Pea has issues, but she loves to nurture things — kittens, fake fur, naugahyde, so cute little Darwin is just the thing.

The owner is a lawyer and, naturally, she's considering legal action to get her monkey back. When you're a hammer, everything looks like a nail, but she should be care-

ful what she sues for. Cute little baby rhesus monkeys grow into cute, 50-centimetre-tall adults that carry diseases and fling their feces. She might want to leave Darwin up in Sunderland, cavorting with the lemurs (cue King Julien doing the morning exercise routine: "I like to move it, move it!") So that's it for Darwin, although he does leave a Twit-

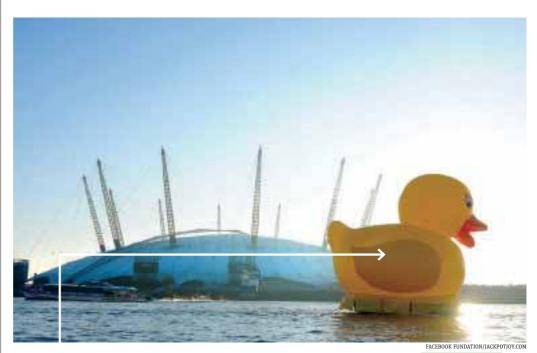
ter account and Facebook page behind, but he'll have to update his status from free-ramblin' to caged.

As for the rest of us, we'll find some other Internet meme to distract us. But it will be a long time before that poignant picture of that little guy wandering around the lkea parking lot looking for the ball room fades from

A long time. At least another 15 minutes.

win will have to adjust to living like a monkey at Story Book Farm Primate Sanctuary in Sunderland, Ont. NIAMH SCALLAN/TORS

Rubber ducky, you're the big one



Duck tales

Massive duck sails through London

Londoners were treated to an unusual spectacle Tuesday as a giant 15-metre rubber duck floated down

the River Thames.

The oversized bath toy got special treatment as the iconic Tower Bridge opened to allow it to sail through. The gigantic bird was launched to publicize a £250,000 (\$400,000) bursary to encourage Brits to have more fun. METRO

Bath toys follow ocean currents

Duckies through history

In 1992, a container with 29,000 plastic bath toys fell off a cargo ship in the Pacific Ocean and broke open. The rubber ducks eventually washed up on shores in Japan, Hawaii and North America

By studying the ocean currents, oceanographer Curtis Ebbesmeyer correctly predicted their trip via the Northwest Passage to Great Britain. METRO

sections together to produce the air-tight structure before it took to the water

Duck dimensions

Weight. 500 kilo-

Size. 15 metres tall and 18 metres wide

Construction. Made

by an eight-person

more than 800 hours

creating patterns, cut-ting and welding the

team, who spent

grams

Barbara Windsor, actress and patron of Jackpotjoy.com's new Facebook FUNdation

"We now want people to send us their own entries of wacky things they'd like to do, and we'll provide funding for the best ones."

Panel

Register at metropolitanpanel.ca and take the quick poll

Emerald is Pantone's colour of the year for 2013. How does that grab you?

ording to research commissioned by the FUNdation, British Its laugh 7.2 times a day on average, but psychologists say

uld laugh 15 times a day for optimal health and happ



@WpgCameraMan:

Yes I have a spot near the door, yes I'm sitting in my running truck, no I'm not leaving, so stop glaring at me and park somewhere else.

@FridayKnightsCA:

@machinegunkelly puts on a crazy show! Feel sorry for anyone who missed it last night. Cant wait til you come back to #Winnipeg man! #LaceUp

@DoubleEmMartin:

is horrible today. Don't come here. If you're here and can't leave, hide under a pile of coats.

@Nick_Ashdown:

Half of all #Winnipeg tweets seem to be about how cold it is. Good to be back.

@ionsimo:

If you're having a tough day, maybe the fact that I have an outdoor night shoot in -30 degrees Winnipeg tonight will give you solace.



Never too late for a series spinoff

Television. Some of the best shows of our generation could still stand the test of time if they were converted into a new series

MIKE DOJC

Time has a way of stoking retro fever and nostalgia mining has a deep drill bit. It used to be conventional wisdom that you had a limited window to spinoff a TV show and breathe new life into departing characters before their cache cooled.

Frasier's 11 season run got started the same year Cheers stopped serving drinks and Buffy's vampire boy-toy Angel staked a claim on his own show while the slayer was

still only halfway through stabbing Sunnydale's undead

The 1990s coming-of-age comedy Boy Meets World has been off the air for a dozen vears, but it looks like this TV graveyard corpse is about to get reanimated with original

Fishel on board.

Girl Meets World will revisit Cory and Topanga in the present day where they now have a 13-year-old daughter. This development leaves us wondering; what other longago put-to-pasture series are ready to wake up and smell the future?

Steering Urkel back to fame

With Big Bang Theory garnering stratospheric ratings, it's clear there's more room for geeks in primetime. Fashion finally caught up with Steve Urkel's once gauche cardigans and plaid button downs that used to set him apart from the crowd.

The former TGIF mainstay is decidedly hipster in modern times, and adulthood has ironed out his voice's squeakiness so he doesn't even need his nerd-suppressing alter ego Stefan to make the ladies swoon.

The Pilot: Hired as the CEO of Virgin Galactic, Urkel struggles to keep one foot on the ground in Chicago where he



and Laura are raising a brood of wilv little Urkelos and the other in orbit catering to the whims of wealthy space tourists. Good thing his father-in-law Carl Winslow is still around to steer him in the right direction.



stars Ben Savage and Danielle

Friend to an **Acquaintance**

Watching present day Monica, Chandler and company reunite at Central Perk and yuk it up would be interesting television for about five minutes. Rather than dwell on past relationships already fleshed out over the course of 200-plus episodes, Acquaintances breaks new ground by focusing on the still loosely intertwined lives of the core cast of Friends. The hitch

is they play caricatures of their slightly past-their-prime reallife selves a la Matt

Leblanc on Episodes. The Pilot: Courtney Cox begs Jennifer Aniston to appear on Cougar Town, which in the show's universe has switched networks once again and is hanging on by a thread. Jen relents, but not before making Courtney alphabetize her stack of Sexiest Woman Alive magazine appearances and polish her Golden Globe.

The XY Files

Flirty David Duchovny is much more palatable than spooky Duchovny. Besides, the Californication star is way more believable unzipping little black dresses and puffing post coitus cigs than chasing little grey men and attempting to see the truth behind smoking man's kabuki theatre.

The Pilot: A mysterious pandemic has winnowed the world's male population down to just 10 per

cent, leaving virile men in high demand. Working in conjunction with the Center for Disease Control who discovered the virus was man-made. the FBI responds by opening the XY Files, a new task force intent on apprehending the culprits. Groaning sci-fi fans will be placated by the presence of Gillian Anderson's shrewd disapproving gaze as well as fanboy jaw droppers Katee Sackoff and Summer Glau thrown in.





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Before a prequel was a silver screen prequel

Hollywood. Filling in the backstory isn't something unique to movies, but it has been fully adopted by today's film industry



IN FOCUS Richard Crouse scene@metronews.ca

It would be tempting to think the words sequel and prequel are the creation of Hollywood marketers looking for new ways to describe old ideas. But the notion of a prequel, a movie that provides the backstory of an existing story, like this weekend's The Hobbit: An Unexpected Journey, is not a Tinsel Town contrivance.

The first prequel appeared in the late 7th century BCE. The Cypria, an epic of ancient Greek literature, is the story of the origins of the Trojan War and serves as an introduction to the lliad even though it was written after the Homer epic was already in print.

The word prequel first appeared in 1958 in an article

Quoted

The notion of a prequel, a movie that provides the backstory of an existing story, like this weekend's The Hobbit: An Unexpected Journey, is not a Tinsel Town contrivance.

in The Magazine of Fantasy & Science Fiction but didn't catch on until it was used to describe Butch and Sundance:

The Early Days in 1979.

The Star Wars New Hope trilogy are the most famous movie prequels, but Hollywood has been looking back to extend the lives of their franchises for decades.

The 1966 Clint Eastwood spaghetti western The Good, The Bad, and The Ugly, the final film of the Man With No Name trilogy, is a prequel to A Fistful of Dollars and For A Few Dollars More.

It wasn't billed as such, but

It wasn't billed as such, but by the time Eastwood assembles his iconic poncho outfit (which he wore in all three movies without replacement or cleaning) it's obvious we are at the beginning of his journey, not the end.

The title of another movie was more obvious about its origins.

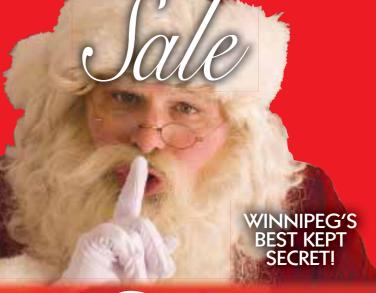
The Texas Chainsaw Mas-

sacre: The Beginning is the story of the roots of Leather-face, the human-skin-mask-wearing baddie of the original film. There's all the cannibalism and murder you expect from a Texas Chainsaw movie, but the grisly birth scene kicks it up to another level.

Escape from the Planet of the Apes, the third of five films in the original Apes series, came after the Earth was destroyed by a nuclear blast in the second movie. To keep the franchise alive, a story was created that saw apes travelling back in time which sounds forced but Variety called it "an excellent film, almost as good as the original Planet of the Apes"

original Planet of the Apes."
The Godfather Part II manages to be both a prequel and a sequel at the same time. Flipping between the past and present, it's a powerful story of one family's descent into corruption.





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metre 14 DISH metronews.ca Wednesday, December 12, 2012



One Direction isn't too keen on Swift's private jet

Taylor Swift's fledging romance with Harry Styles appears to already be causing strife among his One Direction bandmates.

So what's got them all worked up? Travel arrangements, it turns out.

After the band's stay in New York, Styles reportedly headed back to England with Swift on her private jet while the rest of the band travelled separately, according to E! News.

"The rest of the band were a bit annoyed about the whole thing," a source says. "They took a Virgin commercial flight and there were tons of spare seats on the jet. They were a bit miffed that Harry chose to go with her instead of them. They had just finished a huge concert in New York and all of them were on a high. The fact that he left them to travel solo irritated them a bit."

METRO DISH

OLIR TAKE ON THE WORLD OF CELEBRITIES

The Word

A look back: Celebrity engagements of 2012



WORD
Dorothy Robinson
scene@metronews.ca

Despite the fact that every single person in Hollywood gets divorced, these true-believers decided to throw caution to the wind and become betrothed. We look at the big ones:

Brad Pitt and Angelina Jolie

The deets: Pitt proposed to Jolie, his longtime girlfriend with whom he has six children, in April with a \$500,000,16-carat rock. "It seems to mean more and more to our kids," he says about finally tying the knot, to Us Weekly.

Wedding date: Ha. Like they'd tell us.

Justin Theroux and Jennifer Aniston

The deets: The two actors, who met on the set of Wanderlust, got engaged in New York City on Aug. 10. Theroux proposed with an eight-carat ring, worth an estimated \$500,000.

Wedding date: Again, we'll never know until they sell their photos to the magazine of their choice.

Liam Hemsworth and Miley Cyrus

The deets: They might be young (he's 22, she's 20) but that doesn't mean they won't last forever (actually, yes, yes it does). The Hunger Games actor proposed to Cyrus in May, three years after they started dating, with a 3.5-carat diamond ring.



Wedding date: Eh, you REAL-LY think this one is going to happen?

Hilaria Thomas and Alec Baldwin

The deets: The two love birds got engaged in April, less than a year after they first met.

Wedding date: It actually already happened (Baldwin moves fast). The two were wed in June in New York City.

Avril Lavigne and Chad Kroeger

Kroeger
The deets: The two got engaged in August, surprising a lot of fans (and gossip columnists) who didn't even know they were dating. "Things just clicked real quick," Kroeger, the lead singer of Nickleback, told a radio station about Lavigne.

Wedding date: I'm kind of getting the vibe they'll skip the wedding and just go straight to procreating Canadian royalty.

Evan Rachel Wood and Jamie Bell

The deets: The two got engaged in January. They met while starring in a Green Day music video; they broke up when she moved on with Marilyn Manson and reconnected when her engagement to the goth rocker ended.

Wedding date: Already happened! They were married on Halloween in California. "It was a small ceremony with close family and friends," said her rep in a statement.



Stewart is cool with getting naked, OK?

Kristen Stewart is sick and tired of all the attention her nude scenes in On the Road are getting. "I do hate also when people go, 'Oh wow, great performance. So brave," she tells the Huffington Post. "Because I'm naked? That's annoying. But at the same time, if that's what they're focusing on, then On the Road probably isn't for

them anyway." Stewart is a diehard fan of the Jack Kerouac novel on which the film is based, which meant she had no hesitation about doing the more revealing scenes. "This book celebrates being alive and it celebrates being alive and it celebrates being human, and if you want to cover up and deny any aspect of that, you are denying the spirit of the book."

Twitter



@kirstiealley

Dear PA who rang the gate with a script at 3 AM...notice mailbox to the left of driveway...NOTICE the actress with a Glock in upstairs window



@NiallOfficial

Sittin at home! Bored t death!



@Mruff221

I got a text from Joss Whedon the other day. Sounds like he is writing some very interesting stuff for Banner and his alter ego The Hulk.



@AlbertBrooks

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TRAVEL metronews.ca Wednesday, December 12, 2012

It's coming to Canada, and it's staying here too. Cheers could be heard in households throughout the country when it was announced that The Amazing Race Canada would follow Canadians traipsing the true north strong and free while competing in challenges. Debuting next summer, producers promise the show will be a love letter to Canada, but haven't revealed which areas of the country will be featured.

Here are five worthy location suggestions, along with challenge ideas too.

MAE BOWRING



SUBARCTIC MIKE/FLICKE

Canoeing the South Nahanni River

Breathtaking mountain ranges, falls twice the height of Niagara, hot springs and gorgeous flora and fauna can all be viewed along the Nahanni in the North West Territories. Contestants would be challenged with trying to stay afloat through rapids as they navigate the river's four canyons.



spots the Canadian Amazing Race should hit

Scavenger Hunt through Kensington Market

A multicultural and national historic site in Toronto, even the oddest item on a shopping list can be found among the eclectic shops and market merchants. To prove the point, contestants would be given an obscure list of food and clothing items to buy and the first team to get all of them would win.



MARKYEG/FLICKE



ANDY_C/FLICK

Mountain Biking in Whistler

Skiers and snowboarders flock to the snowcapped mountains of British Columbia in the winter months, but during the summer, it's all about biking. With courses that feature sharp turns, rugged terrain and stomach-in-yourthroat drops, it's not for the faint of heart. The team who makes it to the bottom of the course first in one piece wins.

Driving the Cabot Trail

Arguably the country's most scenic drive and popular among domestic and international tourists, the highway features stunning vistas and wildlife as it weaves throughout Eastern Canada. Contestants would have to work a shift at one of the bed and breakfasts along the route, catering to fellow tourists. The team that gets the highest marks for service wins the challenge.



DANI/FLICKE



HDRAGON/FLICKR

Survivor in the Thousand Islands

A picturesque destination for vacationers wanting to get away from it all, the thousand islands is known for its picture-frame worthy sunsets. Contestants would be tasked with navigating small sailboats along the Saint Lawrence River until they find an uninhabited island. The first group to start a small fire wins.



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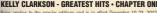


















metrem 18 WORK/EDUCATION metronews.ca Wednesday, December 12, 2012

Student voice

All that I've gained from getting involved

Kelsey Goforth Graduate Honours Bachelor of Arts in Political Science University of Toronto

What's your school-to-work transition story?

While pursuing my undergraduate degree at the University of Toronto, I studied political science with an emphasis on human rights and international development. This past summer I was finishing up my final credit and was searching for the perfect summer job that would hopefully lead me into a career field directly related to these interests.

I was aware that a company called Public Outreach fundraised for developmental and human rights organizations and I had always been intrigued by the fundraisers that I had seen, but didn't picture myself taking on such a role

However, on the advice of a friend, I applied. The role definitely surprised me. I had no idea how much I would be learning about various notfor-profit charities and how many amazing conversations I would have with donors. One highlight is when I met a woman from Zimbabwe who actually received aid from one of the charities I was fundraising for.

The position turned into far more than a summer job when roles in the recruitment department opened up. I began applying and eventually, in August, I took on the role of U.S. Recruiter, where I was responsible for recruitment in Boston, Chicago, New York City and Minneapolis. I was able to transition quite quickly to my new role, going from fundraiser to recruiter in three short months. Being able to learn about the inner-workings of a whole new department has given me the opportunity to better understand and appreciate all that the company does.

What am I doing now?

I am currently in my fourth month as a Public Outreach Recruiter. In addition to my U.S. recruitment duties, I also contribute blog posts to our staff website. Outside of work, I like to pursue other interests that not only appeal to me but also give me an additional skill set to include on resu-



més and applications. I write articles for TalentEgg and, additionally, I am beginning French courses in January in order to receive a certificate in french proficiency. Although I currently have a job, I do not want to prevent myself from continuing to learn more and develop my

My recommendations for employers, career centres and schools

When it comes to campus career centres and their related programs, it is important to be well-advertised and easily accessible. Students are busy with classes and extracurriculars, so having flexible

hours is imperative. Secondly, many programs at schools aren't given the exposure they deserve. Often students are bombarded with information in their first year, however by the time fourth year rolls around and the job search becomes more intense, these programs are long forgotten about. When students approach their final years of education, universities and colleges should remind them that there is plenty of guidance and resources available.

My advice for students and recent graduates

- Get involved: As a student, it is important to think beyond essays and exams, and also take the time to get involved in your community. I personally found extra-curricular activities and volunteering to be extremely beneficial both when it came to developing new skills as well as seeking employment.
- The importance of networking: The job market is competitive. Learning to write an impressive resume is a great skill, however a piece of paper can only go so far. For me, networking has been the most effective means of both connecting with people with

- similar interests and landing new jobs.
- Don't underestimate your skills: Take a chance when it comes to your job applications. Often students and recent graduates feel either under- or over-qualified for certain positions.
- Don't underestimate the experiences you have: Although you may be a recent graduate, your education, community involvement and past jobs all culminate to make you an excellent applicant. When applying for jobs you feel under-qualified for, keep in mind that the worst that can happen is being rejected.
- Don't overlook great opportunities: If I thought that being one of "those people on the street with the binders' was somehow beneath me, I wouldn't have been given the opportunity to work within the recruitment department. To grow with a company, it is important to start small and work your way up. It is only logical. You must learn the very basics if you want to eventually build on that and take on a more advanced role. TALENTEGG.CA, CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR STUDENTS AND NEW GRADUATES, WANTS TO HEAR YOUR STUDENT VOICE.





metronews.ca Wednesday, December 12, 2012 WORK/EDUCATION 19

A holly, jolly and important opportunity

Seasonal employment. You've got some extra time, so let vour many abilities shine

MICHFILE CIRCOSTA

Employers everywhere are preparing for the holiday rush and they need all the help they can get.

As a student, seasonal employment can be a great opportunity to try your hand at a position you may have never otherwise considered. Anaar Merali, division director of permanent placements at staffing firm Robert Half International shared her perspective on the benefits of seasonal employment:

Get the job

To land a seasonal job, it's important that the employer knows you're available im-mediately and flexible. Make it known that you are open to

various types of positions.
"Be open and eager but not desperate," says Merali.

Keep an open mind

Working a seasonal job is the perfect opportunity to try working in a different industry and expand your professional network. Seasonal jobs are a fantastic way to get your foot in the door at a company where openings are less fre-

For a recent grad in that

Deck the halls without ruining your rep

'Tis the season to act responsibly. Use holiday party time to your professional advantage

ASHIFIGH TRAHAN

In this season of merriment and good cheer, it's easy to for-

transitional period, seasonal employment is a way to make some extra income instead of waiting around for permanent employment. And for students, it is an excellent way to make some much needed extra money during davs

At the very least, you will have new and diverse experience to add your resumé. But what's more is these opportunities can often lead to permanent work. According to Merali, this happens quite

frequently: "When people do such a good job, they often leave a huge impact."

Make the most of the opportunity

If your aim is to turn a seasonal job into full-time employment, the best thing you can do is leave an impression. Always be very professional and build relationships with everyone - managers, supervisors, the entire staff. Ap-

tasks

your

Seasonal opportunities proach all of your go beyond just retail. There are several firms in the financial sector decithat will take on extra help during their busy seasons. Accounting firms, for example. will often hire seasonal employees during tax season. If you do your research and ask around, you will find that these jobs are anywhere and everywhere. Take advantage of busy seasons — the end of the quarter or the year means more potential jobs.

Reprint that resumé!

everywhere

Iobs are

temporary, otherwise you will ensure that it is. Be committed and engaged.

"Be sure to showcase your skills," says Merali. If you are a seamless fit for the position, the company will have no choice but to keep you around. Demonstrate that you would be an asset to the company as a whole and that your skills are transferable between departments. Look at it and as an extended interview. If you are fortunate enough to have this chance, challenge yourself to think

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s e l f a n d passi n g o u t facedown y o u r chicken tetrazzini. If you're going to drink, make sure you do it in make moderation

and plan to take public transit

or a taxi home.

Don't seduce your

co-workersIf you've failed to follow the first rule and find yourself a little too tipsy, you must, under no circumstances, wind up in a compromising situation with a co-worker.

A staggering number of hookups happen at work-related events, and this can affect your job as well as your personal life. So please, stay away



but don't do anything you'll regre when you drag yourself back to

Don't insult your co-workers

During the holidays, some individuals feel the need to express their true feelings about their co-workers, positive or other-wise. The holiday party is the worst possible place to share your grievances with a colleague, or more dangerously, declare to your boss, "I could do your job with my eyes closed!"

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have to remain pro-fessional at your office holiday

I've seen my fair share of holiday party disasters, and while some blunders can be laughed off the next day, some can ruin your career and repu-

On the flip side, holiday parties can be a chance to enhance your career. You will likely get the chance to socialize with people in other departments that you don't regularly encounter during your workday.

you're

lucky, you may even get face time with company executives. You won't be able to take

advantage of these networking opportunities if you're dancing on a speaker, and you don't want to find yourself the subject of water cooler gossip the following week. Above all, enjoy yourself responsibly and make an effort to strengthen relationships with your col-

In the hopes of saving you

from a painful fall from grace, I would like to share a list of holiday office party don'ts:

Don't down a bottle of Grey

This rule is really the founda-tion of all others, but for some, it's quite hard to follow. The alcohol is usually flowing at these events and everyone is having a great time. It's easy to get caught up in the fun, but there is a fine line between enjoying metr

20 FOOD

Drink of the Week

Uchuva Cocktail

- 150 grams whole uchuva (cape gooseberries)
- 150 ml wate
- 150 g sugar
- 360 ml gin
- 540 ml sparkling wine, cold
- 18 uchuvas, for muddling
- 24 mint leaves, for muddling
- 220 grams of ice
- Mint sprigs, for garnish

To make syrup, combine sugar and water in saucepan and cook over medium heat until sugar completely dissolves. Cool syrup in freezer. Combine uchuvas and syrup in blender and process on high 1 min. Pass mix through fine mesh strainer and discard solids. In pitcher, combine 180 ml of uchuva syrup, mint leaves and 18 uchuvas and muddle, 2 mins. Strain syrup and discard mint and uchuva pulp. Add gin and ice to syrup and stir 1 min. to chill; strain out ice. To serve, add sparkling wine, stir and divide the cocktail into

6 champagne flutes. Decorate

mint sprig.

each flute with a

PROEXPORT COLOMBIA

A very Colombian Christmas

Although many Canadian families have classic traditions for this time of year, it can be fun to spice things up with recipes from international hot spots.

Known for its historical urban centres, stunning beaches and Spanish night-life, Colombia also has a lot to offer — even in the kitchen.

The country boasts scrumptious yuletide dishes that even the most amateur chef can prepare to impress guests by turning a typical holiday party

Ingredients

- 150 g uchuva (cape gooseberry), chopped
- 50 g pistachio, finely chopped
- 15 g cilantro, finely chopped
- 50 g shallot, finely chopped50 ml extra virgin olive oil
- For the pork:
- Pork tenderloin, cleaned
- Salt and black pepper
 30 ml sunflower or grape
 seed oil
- 60 g butter
- 100 g uchuva, sliced
- 12 g thyme
- 8 garlic cloves12 uchuvas, thinly sliced for garnish



into the ultimate fiesta. One of them is this Pork Tenderloin and Uchuva Pesto.

The "cape gooseberry," commonly known in Colombia as uchuva, can be found in local grocery stores.

- **1.** Preheat the oven to 400 F (205 C).
- **2.** In bowl, combine the first five ingredients to prepare the

uchuva pesto and set aside.

- **3.** Slice the pork tenderloin into 6 portions and season with salt and black pepper.
- **4.** Heat a heavy oven-proof skillet on high heat for 2 minutes and add half of the oil. Sear 3 portions of tenderloin and cook until brown on one side. Turn to sear the other side and add half of the sliced uchuvas,

butter, thyme and garlic and allow the butter to melt completely in the pan.

5. Lower the heat to low. Tilting the pan forward, cover the tenderloins with the butteruchuva mixture for 2 minutes. Place on a plate, clean skillet and repeat cooking procedure for the other portions of meat.

6. Place the first three portions

back on the skillet and place in the oven. Cook for approximately 10 to 12 minutes. Remove the skillet from the oven and place the tenderloins on a rack to cool for 10 minutes.

7. Place the pork slices on a serving platter. Cover generously with the uchuva pesto and garnish with thinly sliced uchuva

PROEXPORT COLOMBIA

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This isn't your grandma's Fruit Cake

This Exotic Fruit Cake from Colombia isn't your average holiday treat. It will satisfy even the harshest fruit cake critic.

- **1.** Preheat the oven to 350 F (177 C).
- **2.** In a medium bowl, beat the eggs with the milk.
- **3.** In a stand mixer, mix the flour, sugar, salt and baking powder on low speed.
- **4.** Add the butter to the flour mixture little by little. When the butter is incorporated, add the egg mixture slowly. Stop the machine and scrape

Ingredients

- 3 eggs, room temperature
- 45 ml whole milk, room temperature
- 150 g cake flour • 150 g white sugar
- 1/4 tsp salt
- 1 tsp baking powder
- 185 g butter, room temperature
- 1 1/2 cup exotic dried fruits (gooseberry, dragon fruit, mango, pineapple, guava, etc.)



down the sides of the bowl. Beat the cake batter on high speed for 2 minutes.

- **5.** Add the exotic dried fruit and stir with a spatula to combine.
- **6.** Place batter in baking molds. For individual portions use muffin tins with paper cupcake liners. A greased bread mold may also be used. When using muffin tins, fill each only half way.
- **7.** Bake the fruit cakes for 20-25 minutes or until a toothpick inserted into the middle

of the cakes comes out clean and dry.

8. Let the cakes rest for 10 minutes and then remove them from the mold. Serve warm, proexport colombia

Colombia's sweet side

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 For delicious Uchuva Angel Food Cup Cakes visit metronews.ca/ food



CONVENIENCE AND VARIFTY

GIFT CARDS GIVE RECIPIENTS OPTIONS

Michael Bennett is an occasional gift card giver.

"I sometimes give them as thank you gifts or stocking stuffers," says the Guelph, Ont., man. "They're convenient and easy to give. The downside of them is they're easy to rely on them rather than discovering what someone likes and choosing a gift they would appreciate."

What is it about gift cards that we love so much? Is it the fact that we can buy them virtually anywhere? At a variety of price points in a variety of outlets?

"People generally know what type of store their friends or kids like to shop at," says Frances Ho, founder of Canadian site cardswap.ca. "However, they don't know specifically what sweater they prefer or the right pair of jeans. People are very particular about those things. It's just easier to give a card to a store they know they're going to enjoy."

While Ho believes it's more socially acceptable to give gift cards, she does believe it makes a difference in how you present it as a gift.

'If you combine a gift card with a really nice written message in the card, or wrapping it in a big box, it's really the effort that counts. Then it still has a warmth to it," she says.

They are also a nice way to give something to a gift that's too pricey.

"That's another benefit — if they're saving up for a larger item and the person can't afford to give you the large item, but they can give you a gift card towards," Ho

Gift cards do have their drawbacks, of course. Some come with expiry dates for example.

"And a lot of people tend to spend more money when they spend their gift cards because they treat it like it's free cash. And then they end up spending more than they actually budgeted for," Ho says.

However, you can make your gift card dollar stretch by watching for sales or deals - buy a gift card and pick up a gift for yourself for free, for example. Or re-gift a card that's not a fit for you or take it to a site such as cardswap.ca where you can trade your card in for points or cash.

- Astrid Van Den Broek



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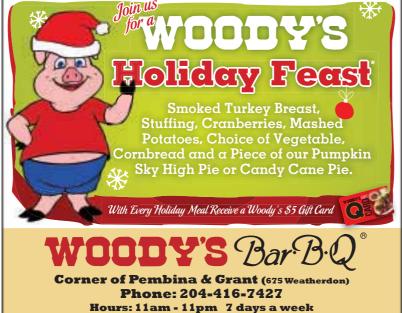
Get 2 Gyros or 2 Chicken Pitas

Chicken or Pork Souvlakis Skewers

2 Piece Chicken Dinner

Souvlaki Dinner Pork or Chicken for





PICTURE PERFECT

DON'S PHOTO HAS BEST SERVICE AND QUALITY PRODUCTS

Although technologies have changed dramatically in the past few decades, one thing has remained constant in the world of cameras and photography: Don's Photo still offers the best in service and quality products

Founded in 1979, Don's Photo now boasts three locations in Winnipeg (Portage Avenue, Main Street, Dakota Street) and a chain of stores across the West. Thousands of professionals and camera buffs credit Don's Photo with helping to spark, or build, their passion for photography.

The store's secret to success is relatively simple — provide customers with accurate advice and the encouragement they need to learn and try new techniques. Photography has changed dramatically since Don's Photo first opened. At the time, digital photography was in its infancy and instant developing film was in its heyday. Today, digital cameras are built

IDEAL GIFT

A gift card from Don's Photo is ideal for the snap-happy folks on your list. Available in any amount and with no expiry date, gift cards are all about the freedom to choose. And through the end of December, you will receive a \$10 gift card for every \$50 worth of gift cards you buy.

into most cellphones and film is popular mostly with aficionados and specialists.

The experts at Don's Photo help customers learn to apply whatever technology best suits their needs. Point-and-shoot digital image cameras are handy and fast, for instance, but often struggle to produce portrait-quality images.

Don's Photo remains a family business and continues to celebrate our emotional relationship with photography. Each photo captures a particular moment in time. And we attach to some photos, regardless of their quality, personal memories and complex stories of places, people and eras. Don's Photo offers its



customers the equipment, support and services needed to capture and create images that best suit their needs. There are workshops, instructional sessions and group photography outings, such as last summer's popular downtown photo walk. The store also offers a full line of cameras — from basic point-and-shoot digital models, to top-of-the-line SLRs with interchangeable lenses.

Don's Photo also has one of Canada's

most comprehensive photo labs and prints from virtually every format: Digital files from memory cards and CD-ROMs, traditional 35mm colour, black-and-white and large-format negatives, positive-image slides and obsolete formats.

The store is also equipped with selfserve digital-print kiosks. Personalized gifts - greeting cards, calendars and photo books — are particularly popular this time of year.



Personalized Calendars

Start 2013 off right with personalized calendars! Each month honours a different memory. Choose from several different sizes.



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PRESENTS

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Gift cards are the perfect way to make sure that special person on your list gets exactly what they want! Available in any denomination.



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SECRET SANTA GIFT IDEAS

It's that time of year — you are buying presents for friends, family, and that one quiet guy at the office. Office gift exchanges often mean you are shopping for people you barely know. To help, the staff from Canada's largest bargain hunting site, RedFlagDeals.com, have put together some secret Santa tips:

BOSS: Buying presents for your boss can be awkward. Choose a meaningful gift instead of something fancy or expensive. Fun gifts like a framed photo from a work event or a batch of gourmet cookies to share are a good start.



NEWS CANADA PHOT

NEW PERSON: This one is tougher. Keep an eye on what the new person likes to eat. If they come into the office every day with a large coffee, put together a nice mug, a coffee shop gift certificate and some chocolate-covered espresso beans for the ultimate gift.

INTERN: Usually, "intern" is a code word

for "underpaid." Skip the gag gifts and get your intern something useful like movie passes.

RECEPTIONIST: If there is one thing a receptionist has enough of, it's office supplies. Skip the stationery and treat them to a deluxe gift basket, a gift certificate to the local salon for a manicure/pedicure

combo, or a good book.

IT/HELP DESK: Treat the people who fix your computer well. Something like a gift certificate to their favourite restaurant will work. If you want to be a bit more creative, observe what they decorate their desk with and get them something that fits in.

- News Canada



finding the perfect gift for the people you know, and those you kinda know: **priceless**

Choosing a gift for the people you don't know so well is as easy as choosing a gift for the ones you know the best. MasterCard® prepaid cards are accepted wherever MasterCard is, making them the perfect gift for pretty much anyone. That's MasterCard. That's Priceless®.

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Süpërstore*









When he chose the name Wishes and Dreams for his retail jewelry and crafts business, Daniel Bernard didn't recognize just how apt the name would become. Eight years later, he operates kiosks at four locations in Winnipeg, employs a staff of 14 and indirectly provides a livelihood for hundreds of families from around the world.

"I thank my customers everyday for the success of my business," Bernard says.

"They are the ones who help fulfil

some of the wishes and dreams of the people who benefit from my business."

Wishes and Dreams sells a wide range of silver jewelry, along with crafts carved from wood, bone and various stones. Although it has four locations - 111 Osborne and in Portage Place, Garden City and Grant Park shopping centres the business retains its humble, artisanal roots. This is largely because Wishes and Dreams sells handmade crafts produced in distant lands.

Several times a year, Bernard travels

around the world on buying trips. He visits markets and identifies what is likely to sell back in Winnipeg. He then tracks down where the items are made and negotiates directly with the craftspeople who produce them. To ensure they have enough raw materials, such as stone, Bernard will sometimes find a reliable supplier and arrange delivery.

"My business is really all about building strong relationships," Bernard says. "Not only with customers, but also with suppliers and employees."











Osborne Street

or your shopping convenien arting Dec. 15 we will be op from 10 to 9 Monday to Saturday and Noon to 6 on Sundays until Dec. 24.

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SHOPPING CENTRE HOURS APPLY

ELIMINATOR RC TOPS AMONG RC HOBBYISTS

The Gobeil family didn't set out to own and operate Canada's largest radio-control (RC) hobby shop. Two factors clinched their decision to open Eliminator RC Hobby Supply nearly a decade ago: The rapid growth of the RC enthusiast community and the ongoing difficulties in gaining access to quality RC products and services.

"It's long been a passion for us," Laurrie Gobeil says from the family-run shop on Higgins Avenue. "So opening the business was a natural fit."

Laurrie's husband Mike is a talented mechanic who still builds and services fullsize dragsters as part of the company race team. Their son Ryan is an accomplished amateur driver and something of a technical wizard. Together, they operate Canada's largest RC hobby shop: 12,000 square feet stocked with hundreds of scale-model cars, trucks, planes, tanks, boats and helicopters, along with thousands of parts and accessories. They also service RC equipment on-site and operate an indoor track facility in a separate building

"The RC hobby has changed dramatically in the last decade or so," Laurrie Gobeil says. "The technology continues to evolve



quickly and it's pretty amazing what is on the market today."

Eliminator RC sells radio-controlled cars that can travel upwards of 160 kilometres per hour and helicopters equipped with on-board cameras that transmit live video feeds to the LCD screens on mobile controllers. There are also quad-copters that can be controlled from iPhones and Android devices.

"It's a hobby for all ages and all budgets," Laurrie Gobeil says. "It's relatively inexpensive and a whole lot of fun."



EVEN THE SMALLEST GIFTS DESERVE TO BE DRESSED UP

When it comes to the perfect holiday gift, it's not necessarily what's on the inside that counts. The magic of giving is due in large part to the colourful paper, breathtaking bows and other giftwrap accessories that create a festive sense of occasion.

Statistics indicate that although gift wrap has grown to become a multibillion-dollar industry, the way we give gifts is changing.

The growing popularity of gift cards and "virtual" presents, like charitable donations, means fewer boxes to wrap, and many environmentally-conscious Canadians are looking for alternatives to traditional gift wrapping.

According to Shelli Gardner, cofounder and CEO of crafting company Stampin' Up!, there are countless creative ways to keep up with the changing

"Gift wrap creates the sense of excite-



ROCK THE HALLS

seasonal shade such as Cherry Cobbler

iTunes Cards – One great gift for Entertainment, Apps, Books and more!



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ALL THE LATEST TECHNOLOGY

AT EYETECH LASIK

For more than 18 years, Dr. Desikan Kadambi has helped improve patients' vision with sophisticated laser-surgery techniques.

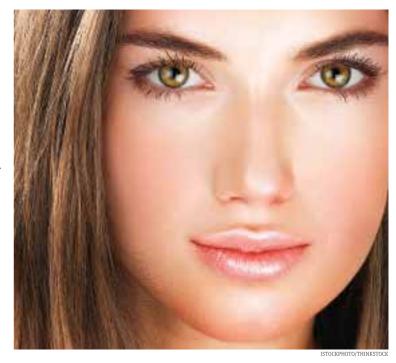
Trained in England, Kadambi immigrated to Canada and practised ophthalmology in Brandon. He pioneered lensimplant surgery in Manitoba and was the first to start a free-standing cataract centre and the first to introduce SLT laser treatment for glaucoma in the province. Since then, he has pioneered a series of new technologies and techniques, performing the province's first Lasik (laser-assisted in-situ keratomileusis) procedure in 1999. He has performed more than 34,000 procedures and is the only surgeon in Manitoba with patients from across the U.S., Europe and Canada.

Eyetech Lasik Clinic continues to introduce the latest technologies, such as

the Zeiss MEL 80 Excimer laser. The laser is unique in two primary ways:

• Its resolution is nearly 10 times greater than that of other lasers in Manitoba — critical for those younger than 40 who need only distance vision correction. "The difference is like comparing the clarity of the picture produced by a Blu-ray disc to that of an old VHS tape," Kadambi says.

• The Zeiss MEL 80 is the only instrument that can perform a new treatment known as laser-blended vision (LBV). LBV improves both close-up and distance vision for people over the age of 45 who wear progressive lenses, bifocals or reading glasses. Unlike the conventional "monovision" treatments that only 60 per cent of eligible patients can tolerate, LBV works on approximately 98 per cent of patients. In fact, monovision correction is so unacceptable to patients that many laser clinics don't provide it on a regular basis. Patients from the U.S. and other provinces come to Eyetech for LBV, however, be-



cause it is not available where they live.

"I had been turned down as a candidate for laser surgery at another clinic in Winnipeg," says Dale Loewen. "Instead of being deterred, though, I made an appointment at Eyetech Lasik clinic and Dr. Kadambi said I was a good candidate. I was a minus 9 and now can see without glasses for reading and for far away. I am

very happy with the results."

Eyetech Lasik provides no-cost, noobligation examinations to prospective patients. An eye examination will determine how best to correct vision problems and the patient is a good a good candidate for laser surgery. Eyetech Lasik offers gift cards for those who wish to give the gift of improved sight to a loved one.



YOUR SIMPLE GIFT SOLUTION

WALMART GIFT **CARDS OFFER GREAT** PRICES, CHOICES

Wondering what to give the mail carrier, the dog walker, your child's teacher, or the co-worker whose name you picked in the secret Santa draw? Or pretty much anyone on your holiday gift list? Thanks to Walmart, there's a simple solution.

"When you give a Walmart gift card, you're giving the gift of great prices and choices," says Felicia Fefer, Walmart Canada's manager of corporate affairs.

The beauty of giving a Walmart gift card is the person receiving it can choose

to use it for whatever they want the most, from fashion and electronics to food and housewares.

There are more than 30 holiday gift card designs, ranging from contemporary (gold, white and purple snowflakes on a purple background) to traditional (holiday bells) and whimsical



(cartoon of Santa and friends on a sleigh).

The collection also features cards with

specialty finishes, including lenticular cards (where you hold the card still and see one design, then tilt it to view a second design) and scratch 'n' sniff cards (gingerbread is an appropriate scent at this time of year).

There are even cards for pet lovers, with cute images of cats and dogs decked out in holiday accessories.

cards have matching tin carriers that retail for \$2.47 each, so no wrap-

ping is necessary. The tins have colourful contemporary Christmas designs that include a red-nosed reindeer pulling a sleigh, Santa with his sack of toys, a pile of gifts under a tree, and blue snowflakes on a white background.

Walmart gift cards can be bought at one store and redeemed at any other store location in Canada. Bonus: When the recipient has spent the amount on the card, it can be reloaded and reused. And the

FLEXIBLE PRICING

Located at the cash registers and near the front of the more than 370 Walmart stores across Canada, the gift cards come with a pre-set amount of \$25, \$50 or \$100. Or you can choose the dollar amount — anywhere from \$5 to \$2,500 — which the cashier will load onto the card.

> best part? There are no expiry dates. The holidaythemed cards will be for sale right up until the stores close on Christmas Eve -

ideal for last-minute

shoppers who still have no idea what to get some of the people on their gift list.

"Walmart gift cards are popular all year long, but especially during the holidays," Fefer says.

"They're the perfect present for those who are hard to shop for or who have everything." - Jane Doucet





PNP GAMES HAS GROWN INTO WINNIPEG'S TOP GAMING STORE

In a few short years, PNP Games has grown into Winnipeg's top store for video gamers. Today, there are two locations, 915 McLeod Ave. and 2609 Portage Ave. Owner Jade Pearce attributes his success to top-quality service.

"It's all about knowing what customers want and providing it to them," Pearce says. "It sounds simple, but it can be tricky to do on a regular basis."

It certainly helps that Pearce is a passionate gamer himself. In 2005, he started buying and selling games out of his basement, specializing in retro games, such as those for the Nintendo 8-bit system, Super Nintendo and Nintendo 64. Although online sales accounted for much of his business, he saw that local demand was consistently strong and decided to open a retail outlet in 2007. Two years later,

he opened a second location; today, PNP Games employs about 25 people.

"We take great pride in our customer service," Pearce says. "We repair scratched or damaged discs, for instance, and clean and repair most game systems and soft-

PNP Games boasts Manitoba's largest selection of classic games, including those designed for systems such as the original

JOIN THE XP CLUB

In September, PNP Games launched the XP Club: For a fee of just \$10, members gain access to a long list of exclusive discounts (including 10 per cent off all used games), along with half-price entry to tournaments. With each dollar spent, XP members also collect valuable reward points that can be redeemed for future purchases.

Nintendo, Super Nintendo, Nintendo 64, PlayStation and Genesis. The store buys, sells and trades games and accessories designed for nearly every system. All used items are professionally cleaned, tested and backed by a 90-day warranty. PNP Games also carries all of the latest releases and systems, along with unique and hard-tofind items such as branded toys and collectables. Gift cards, available in any amount, are particularly popular at this time of year.

"Gaming has changed radically in the last decade or so," Pearce says. "More and more people now play online, for instance, and companies come out with new versions of some games every year. Members of our staff have the knowledge and experience needed to help customers choose the right games and systems. And many of our customers appreciate being able to support a locally owned and operated business."



HOLIDAY SALE FRI DEC 14 - THURS DEC 20



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- 2.5 XP POINTS PER \$ SPENT IN STORE!
- WEDNESDAYS!
- ODO BONUS XP POINTS WITH EVERY PRE-DROER!
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SPARKLING FOR THE HOLIDAYS

PORTAGE PLACE IS YOUR ONE-STOP SPOT FOR SHOPPING

As the holidays draw ever closer, Portage Place takes on new levels of hustle, bustle and excitement. Winnipeg's premier shopping destination is primed and primped for the holidays, says general manager David Stone.

"Our holiday décor is up, Santa Claus visits regularly, most stores are running special events and the whole atmosphere is charged with anticipation," he says. "Once you walk in the door, you can really feel the spirit of giving that makes this time of year so wonderful and magical."

A weekly prize draw adds to the excitement. With every purchase of \$50 or more, customers are eligible to enter a weekly prize draw sponsored by Portage Place and Energy 106 promotions. The grand prize draw — a \$1,500 voucher from L.A. Travel — takes place Dec. 19. The Last Chance for Christmas Shopping promotion entitles a shopper to receive a



\$10 gift card for each receipt from a mall retailer for at least \$75.

For two decades, Portage Place has hosted the top names in fashion, beauty, accessories, electronics, entertainment and more. With more than 100 stores and services, Portage Place is a major hub of social activity due to its prime location.

Set prominently in the heart of Winnipeg, Portage Place is a popular destination for people from across the region and around the world. Its spectacular entertainment centre features the IMAX Theatre, the Globe Cinema and the Prairie Theatre Exchange. Portage Place offers skywalk access to the MTS Centre and regularly hosts fashion shows and other special events.

To ensure that customers get the service they deserve, Portage Place maintains a number of amenities, including stroller and wheelchair rentals, coat and parcel checking, lost and found, parking for more than 1,000 vehicles (free on weekends with a purchase of \$20 or more) and round-the-clock security. In December, though, a swirl of smiling faces transforms Portage Place into a warm, thriving hall of holiday cheer.

The perfect give idea for Portage Place

This year, give them the gift of choice — a Portage Place gift card. The cards can be redeemed at any store and carry no expiration date. Available in amounts of \$5 to \$50, cards can be purchased at the Customer Service Centre (Level 2 at Edmonton Court).



For the last minute shopper.

December 14-22nd

Spend \$75 and receive a \$15 gift card.

Bring your single purchase receipt to Customer Service where you will receive a Portage Place gift card for \$15. See Customer Service for further details. Limit one gift card per day.

Holiday cheer for every last minute shopper.

portageplace.mb.ca | 204.925.INFO

PORTAGE PLACE

SPORTS

Battle of the crease: Four goalies fight for junior jobs

World junior selection camp. Canada will take a third goaltender to Russia as insurance against injury

No goalie feels more pressure at the world junior hockey championship than Canada's starter, says the man cultivating the next one.

Ron Tugnutt is the Canadian team's goaltending coach and has personally experienced that kind of pressure. In addition to a long NHL career, Tugnutt twice represented Canada at the men's world championship.

"There's a lot more pressure on our goalie than on the other teams," Tugnutt said Tuesday at selection camp in Calgary.

When European teams win the semifinal, they're thrilled

Quoted

"Contrary to belief, there's no starting job being given out, I can tell you guys that."

Canadian juniors head coach Steve Spott on the goalie competition at selection camp.

at the prospect of "at least" a silver medal, but Canadian players aren't interested in anything but gold, he explained.

"When we win the semifinal game, we're only thinking one thing," Tugnutt added.

With no incumbent from the previous world junior championship, a major subplot of selection camp in Calgary this week is who will be Canada's starter, backup and alternate at the 2013 world junior championship starting Dec. 26 in Ufa, Russia.

In a new development, Canada will take a third goaltender as insurance against injury because of the travel time required to get to south-central Russia.

Malcolm Subban of the Belleville Bulls, Laurent Brossoit of the Edmonton Oil Kings, Jordan Binnington of the Owen Sound Attack and Jake Paterson of the Saginaw Spirit are the four invitees. There's little time for them to impress head coach Steve Spott as the 23-player team will be finalized Thursday afternoon.

Coach Spott tried to dampen speculation that Subban, the younger brother of Montreal Canadiens defenceman P.K. Subban, has the inside track on the starting job because he plays on European-sized ice at



Goalie Malcolm Subban stretches on Tuesday during the national junior hockey team selection camp in Calgary

Belleville's Yardmen Arena.

After four years on North American ice, the world junior tournament returns to a surface four metres wider with just over a half-metre more space between the back of the net and the end boards.

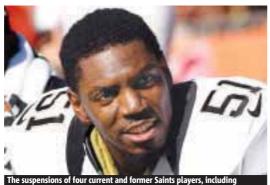
Tugnutt says Subban's bigice experience is one check mark in his favour.

"I think it is an advantage

for him just because it is a different visual," Tugnutt said. "But that's not going to be the determining factor on what happens here."

THE CANADIAN PRESS

Tagliabue overturns 'bounty' suspensions



backer Jonathan Vilma, pictured, have been overturned. r iskowitz/the Associated press file

Lockout

NHL, players to resume talks on Wednesday

The NHL and NHL Players' Association will resume their collective bargaining negotiations at an undisclosed location Wednesday — and they'll have some company.

U.S. federal mediators Scot L. Beckenbaugh and John Sweeney are set to rejoin the process.

It will be the first meeting since the two sides took public shots at each other after talks went off the rails last week

went off the rails last week.
Prior to the blow-up,
they appeared to be making
progress during three days
in New York that saw an
exchange of proposals.
THE CANADIAN PRESS

In a sharp rebuke to his successor's handling of the NFL's bounty investigation, former commissioner Paul Tagliabue overturned the suspensions of four current and former New Orleans Saints players in a case that has preoccupied the league for almost a year.

Tagliabue, who was appointed by commissioner Roger Goodell to handle the appeals, still found that three of the players engaged in conduct detrimental to the league. He said they participated in a performance pool that rewarded key plays — including hard tackles — that could merit fines. But he stressed that the

team's coaches were very much involved.

"My affirmation of commissioner Goodell's findings could certainly justify the issuance of fines. However, this entire case has been contaminated by the coaches and others in the Saints' organization," the ruling said

Tagliabue oversaw a second round of player appeals in connection with the cash-for-hits program run by former defensive co-ordinator Gregg Williams from 2009 to 2011.

Saints linebacker Jonathan Vilma had been given a full-season suspension, while defensive end Will Smith, Cleveland

Appeals

- None of the players sat out any games because of suspensions.
- They have been allowed to play while appeals are pending, though Fujita is on injured reserve and Hargrove is not with a team

linebacker Scott Fujita and free agent defensive lineman Anthony Hargrove each received shorter suspensions.

THE ASSOCIATED PRES

Soccer

Sinclair nabs another award

Canadian soccer star Christine Sinclair added another award to cap a standout season.

The 29-year-old from Burnaby, B.C., was named the Canadian Soccer Association's female player of the year. THE CANADIAN PRESS

Tennis

Peliwo's stellar year ends with world'sbest nod from ITF

Vancouver's Filip Peliwo was named the International Tennis Federation's junior tennis player of the

year on Tuesday.
The 18-year-old reached the junior boys' final of all



four grand slam tournaments this year, winning at Wimbledon and the U.S. Open. THE CANADIAN PRESS

metronews.ca Wednesday, December 12, 2012 SPORTS 31

Wilson standing tall in Seattle



NFL. Diminutive pivot playing over his head as Seahawks travel to Toronto to face Bills

Ever since high school, people have told Russell Wilson he's too short to play quarterback.

It's a familiar refrain in university and pro-football recruitment discussions, a short-coming routinely parroted by pundits of the sport. Quarterbacks shorter than six feet can't see over the hulking offensive line, goes the logic. The balls they throw will get batted down by towering defenders, they won't be able to see or read the defence.

There's always one or two, though, who manage to break through to the big leagues. This year, Wilson has done that in a big way.

Every step of the way, through college football on to his spectacular rookie perform-

By the numbers

6-3

Two years ago, the Quarterback Academy conducted a survey that found the average height of an NFL QB to be six-foot-three.

Success carrying over

Last year, Russell Wilson was elected team captain, and went on to win the 2012 Rose Bowl with the Wisconsin Badgers. He finished the year with the best-ever single-season passer rating (191.8) in the NCAA's Football Bowl subdivision.

 After a 58-0 blowout win against the Arizona Cardinals last week that set franchise records for points and margin of victory, the 24-year-old leads the NFL in quarterback rating at home, with a score of 122.0

ance this season in the NFL, Wilson has defied conventional wisdom.

His Seattle Seahawks will be in Toronto on Sunday to face the Buffalo Bills at the Rogers Centre.

"Knowing Russell, this is a challenge," said Wilson's high-school coach Charlie Mc-Fall about his former player's height.

"He knows he's got a lot of God-given talent, and he's not going to rest on that," said the coach in Richmond, Va. "Nobody's going to outwork him." At five-foot-11, Wilson's height was widely seen as a major disadvantage before this season's NFL draft, even after a stellar career in the NCAA. He was selected by Seattle in the third round, 75th overall.

Wilson's lack of height dogged him when he was looking to play ball at university, too. His first choice was the University of Virginia, but he ended up playing for North Carolina State because Virginia wanted a tall quarterback.

"It is an uphill battle for anyone who doesn't fit the mould," said Will Hewitt, director of player development with a national training program called the Quarterback Academy.

But Hewitt doesn't necessarily buy the standard critique of smaller QBs. Shorter players can be successful — look at Doug Flutie, he says.

Under head coach Pete Carroll, the young gun has led the Seahawks into playoff position with an 8-5 record, and his name has now entered the conversation as a contender for offensive rookie of the year.

But if his Twitter feed is any indication, the devout Christian is simply happy to be where he is. On Monday, he wrote: "Woke up this morning, blessed to be a Seahawk and to be a Rookie in this great league."

TORSTAR NEWS SERVICE

CFL

Tiger-Cats kill Cortez's career in Hamilton

George Cortez paid the price Tuesday for the Hamilton Tiger-Cats' disappointing season as the CFL team has relieved him of his duties as head coach and director of football operations.

The firing came just over a month after the Ticats wrapped up a 6-12 season.

"After a thorough evaluation of our organization and our goals moving forward, we have determined that a change in direction is needed," team president Scott Mitchell said in a release.

Cortez said he was surprised by the news, but seemed to be taking his dismissal well when he talked to reporters Tuesday.

"That's the way things go," he said. "We didn't win enough games, and ultimately that's what you're judged on." THE CANADIAN PRESS



Crosby and Co. sticking together through lockout

Brooks Orpik had a good reason to head back to Pittsburgh after spending the first three months of the NHL lock-out in Massachusetts, and the Penguins defenceman insists it had nothing to do with optimism he and the rest of his teammates are closer to getting heals to work.

"I didn't have snow tires on my car, so I was like, 'If I wait this out any longer I'm going to get stuck here and not have a car down in Pittsburgh,'' Orpik said. "It was really just a change of scenery."

Quoted

"I think one thing that's the same all the way through is that guys are trying to do their best to stay ready and they're trying to make the best of the situation."

Penguins captain Sidney Crosby

Orpik wasn't alone. He carpooled down to Pittsburgh with Tyler Kennedy, and a little bit of peer pressure convinced forward James Neal to join the handful of Penguins who have been working out regularly at the team's prac-

tice facility.

"It's just something different to stimulate you," Orpik said

Penguins captain Sidney Crosby has been a fixture at the workouts and having 15 players in all — including a couple of non-Penguins — allowed Crosby and company to pick up the pace a little bit.

While Crosby has long since stopped guessing when the NHL's labour dispute will end, he remains hopeful hockey will return at some point.

"The fact that they're talking is good and I think we've all said that throughout this process, it's better than sitting around and not knowing what everyone is thinking," Crosby said.

THE ASSOCIATED PRESS



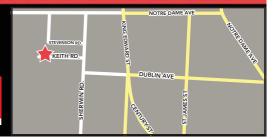
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Flex your 2013 Ford muscles



From front to back, the Flex appears as straight up and down as a shoebox, which is a major contributor to its overall roominess. Although its six, or seven, passenger layout is near tops in this segment, cargo space with the rear seats in place or folded completely flat is about average.



- Type. Four-door, front/all-wheeldrive, full size wagon
- Engines (hp). 3.5-litre DOHC V6 (287), 3.5 litre DOHC V6, twinturbocharged (365).
- Transmission, Six-speed
- Base price (incl.destination).

Design

The Flex is mostly rectangular and has highly practical styling. Ford's designers made no attempt to disguise the vehicle's significant size, but for the 2013 model year they did devise a far more expressive nose consisting of a single brushed aluminum bar flanked by projector beam-style headlights.

Engine

The standard 3.5-litre V6 now makes 287 horsepower and 254 pound-feet of torque, a gain of 25 horses and six pound-feet from the 2012 engine. Optional is the returning 3.5-litre twin-turbocharged "EcoBoost" V6 rated at 365 (hp) and 350 pound-feet of torque, but only if it's fed premium-grade gasoline.

Review. If there's one vehicle that lives up to its name, this is it!

MALCOLM **GUNN**

Say what you will about the Ford Flex, this big-rig takes its people and cargo-carrying role seriously, but with a sly wink and a nod when the topic of styling is mentioned.

Wagon-style bodies are somewhat of a Ford specialty. Along with the Flex, three-row seating is offered in the full-size Expedition and the Explorer, while the Edge, Escape and the passenger version of the Transit Connect cargo van provide space for five.

Among them, however, the Flex is unique. It sits low to the ground like a regular sedan and shares the same platform with the Lincoln MKT wagon. That's preferable for those who want to access their vehicle without using a stepladder.

For 2013, Ford has upgraded

the Flex in other ways, including the availability of secondrow seatbelts that act a bit like airbags and inflate within 40 milliseconds of a crash. Additional extra-cost safety gear consists of radar-based adaptive cruise control that keeps a steady distance from the vehicle in front, and blind spot information with cross-traffic alert that warns of overtaking vehicles and vehicles approaching from either side when backing out of a parking spot. Then there's curve control that can detect when the Flex is entering a turn too quickly and within a second applies braking force to slow the vehicle down by up to 16 km/h.

The Flex's three-model line up starts with the \$32,150 (including destination charges) SE that arrives fairly well equipped with all the usual accessories

and gadgets.
The Flex's oversize dimensions and rectangular silhouette might give some buyers pause, but if you're seeking something different, thinking inside the box could make this Ford the perfect fit.







1 Base price: \$38,300



2Chevrolet Traverse Base price: \$37,500



Toyota Highlander Base price: \$33,300

With visibility vital, winter wipers always keep safety in sight

Driving Force.

Just like tires, it's wise to switch wipers when the cold kicks in to ensure maximum safety

JIL MCINTOSH

Your wiper blades are among the most critical safety features on your vehicle. If you can't see, you're not safe, and dirt builds up quickly in winter weather.

"Visibility is extremely important," says Graham Jeffrey, winter driving expert for Canadian Tire. "You want the wiper that will give you the best possible performance."

The claw structure, one of the oldest designs, uses a thin blade. A more modern design is the beam blade, which uses a wider wiper.

"Instead of pressure points like the claw structure, the beam maintains even pressure across the blade, which gives it a more consistent wipe," Jeffrey says.

"And with the claw structure, there are open spaces where you can get a lot of snow build-up, which limits the wiper's ability to form to the windshield and give you a solid wipe"

solid wipe."
At higher speeds, claw blades are more susceptible to wind, which can lift them off the glass and cause chatter. Beam blades are more aerodynamic and aren't as affected by this.

Just as you can put winter tires on your car, you can also switch to winter wiper blades. Originally these were claw blades with a rubber boot that prevented them clogging with snow.

Today's winter blades use a special rubber compound that stays supple at very low temperatures. Most will wear quickly in hot weather, so it's best to switch to regular blades in spring, and store these pricier blades until next winter.

Quoted

"A beam blade on its own is not defined as a winter wiper blade. Beam blades have a significant advantage over a claw blade and if you're going to use one all year round the beam blade is better."

Graham Jeffrey, winter driving expert for Canadian Tire

On the importance of choosing the right windscreen wiper.

"A beam blade on its own is not defined as a winter wiper blade," Jeffrey says.

wiper blade," Jeffrey says.
"Beam blades have a significant advantage over a claw blade, and if you're only going to use one year-round, the beam blade is better. But when you get into a winter blade, you get that winter compound too."

When cleaning ice off



your windshield, be careful not to hit your wiper blades with the scraper. If the blades are stuck to the windshield, turn on the defrosters to help free them. If you just pull on them, they may tear.

them, they may tear.

And never shut off your engine with the wipers on: if they freeze to the glass, it could damage the wiper motor when you restart the car.

Rules

- No dirty blades. Always replace your wiper blades if they start to streak or leave dirty patches.
- Choose correct fluid. Use windshield washer fluid that's formulated for winter temperatures.

 If fluid freezes on the glass, you

won't be able to see.

 Double check wiper choice. Some vehicles have two different sized wiper blades, due to the shape of the windshield, so be sure you're buying the right



metronews.ca netronews.ca wednesday. December 12, 2012

Motorcycle show big on the small

Autopilot



AUTO PILOT Mike Goetz drive@metronews.ca

I wouldn't say there is anything wrong with an outrageously loud and over-powered Orange County chopper, especially to the weathered face and tattooed biceps of a large person who just got off such a bike in the parking lot. But bigger motorbikes are just not my style.

I love small motorcycles.

I love small motorcycles. They're fun to ride and easy to own. And I'm in the styling camp that gravitates to great proportions above all else, so to me, overall size has very little to do with the visual impact and/or appeal of any given bike or car. So I was thrilled to see so many neat and smallish rides on the show floor of last weekend's motorcycle show in Toronto.

This is the show run by the manufacturers, via its Motorcycle and Moped Industry Council (MMIC). After Toronto, the MMIC show makes stops in Calgary, Edmonton, Van-

couver, Quebec, Moncton and Montreal. (Check local listings for dates and venues).

Af last year's show, for example, you wouldn't have seen the new Suzuki GW250, or Honda's new CB500 line (CB500F, CB500X, CBR500R). Honda suddenly has a very attractive and logical progression of street bikes, in 125-cc, 250-cc and 500-cc formats.

"People want an affordable entry level motorcycle. That's where the market is going right now," said Dave Hawson, director of sales and marketing for Suzuki Canada's motorcycle, ATV and marine division.

Hawson added that a lot of the "affordability" of smaller bikes manifests itself in the insurance end, especially for younger and/or newer riders.

He's dead right. My small phone survey to brokers revealed that an 18-year-old looking to insure a 600-cc sportbike in the GTA would be looking at premiums of about \$3,500 to \$4,000 and beyond. By contrast, that same 18-year-old rider could insure a 250-cc bike in the GTA for \$1,500 to \$2,000 — basically half the price.

At the show I ran into Dave Mackenzie of Motorsports Canada, which imports the Wolf



Classic 150 — a Honda Rebel knockoff with a 150-cc engine.

He felt that up until a few years ago, the Canadian market was "starved" of small motorcycles. He believed the big brands shied away from them here in North America, because there was simply more money to be found, per unit, in the larger bike formats. I guess it's

hard to say whether that was the case, or if it was simply a case of no one wanting to buy the smaller bikes back then.

But there is no denying, however, that the big brands are more aware and concerned than ever that their biggest group of motorcycles buyers — the boomers — are getting older and older





and will soon fade from the scene and that they need a new generation of buyers to get into motorcycling culture.Insurance and industry forces aside, I think people have also generally rediscovered the joys of smallish motorcycles, after years of chasing horsepower and their high-speed capabilities.

For those that like the bigger stuff, have no fear. The influx of smaller bikes has not diminished the number of variety of big, powerful bikes, in all their guises. To each their own, I say, even if they are so wrong in their big-bike convictions that they can no longer be saved from them. Even by





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PLAY

13

20

BY BETTY MARTIN

↑ Aries

March 21 - April 20

Don't take sides or play favourites today. In fact, steer clear of contentious issues altogether if you can. No matter how hard you try to be fair, you will make more enemies than friends.

Taurus April 21 - May 21

You are being too serious about something that is of no importance in the greater scheme of things. Focus on what makes you feel good, what makes you laugh, what makes you glad to be alive. Nothing else matters.

II Gemini

May 22 - June 21

It may seem as if someone you live or work with is trying to undermine your efforts, but in reality you are reading too much into a situation that is quite straightforward. Don't listen to what they say — watch what they do.

9 Cancer

June 22 - July 23 No matter how annoying certain people get today, you must not allow yourself to be provoked. You may be raging on the inside but if you stay calm on the outside it will defuse what could have been a messy situation.

Ω Leo

July 24 - Aug. 23

A sudden attraction is likely today but it may be more than just romantic. Most likely you will meet someone whose mind is a match for your own, and whose sense of humour has you laughing fit to bust.

W Virgo

Aug. 24 - Sept. 23 You need to do some serious thinking about a relationship that has brought you a lot of pleasure but also a considerable amount of pain. Is it worth carrying on with? Only you can decide. Make your choice.

△ Libra

Sept. 24 - Oct. 23 You need to slow down and catch your breath today because what happens over the following three or four days will be both exciting and exhausting. Give your body, your mind and your emotions a rest — they've earned it.

M Scorpio

Oct. 2 04 - Nov. 22

If you uncover some juicy information about a friend, you should keep it to yourself. It will save them from embarrassment — and give you a bargaining chip you may one day be able

矛 Sagittarius Nov. 23 - Dec. 21

Some people are feeling rather resentful towards you. Why? Because everything you touch turns to gold. It's not your fault you are smack bang in the middle of such a fortunate phase, so don't feel quilty

17 Capricorn

Dec. 22 - Jan. 20 The planets warn that although it's right to feel pleased with what you have achieved, it would be wrong to believe it's all plain sailing from now on. A new challenge is heading your way. Be ready for it.

> Aquarius Jan. 21 - Feb. 19

Stop thinking about what has gone wrong and focus on the many things that are still going right for you. There is no reason at all why you should be in a downbeat mood. Life is good and getting better.

H Pisces Feb. 20 - March 20

A friend in need may be the last thing you want to deal with right now but you are not the sort to turn them away. Do what you can to soothe their fears and ease their pain. You'll benefit too, in unexpected ways. **SALLY BROMPTON**

Across

- 4. Golfer's goal
- 12. Before, or yore
- 14. Ruin 15. Make over
- 17. Fashion magazine

- 23. Fuss
- 25. Gamble
- 26. "How to Marry a Millionaire"
- actress (init.)
- 29. Wedge
- 31. Bikini half
- 32. Courtroom figure (abbr.) 33. Snakelike fish
- 34. My Name is -
- 35. Syrup source

- Anatomy

- 49. Tin Tin
- 50. Jeans go-with
- 52. Unhappy

- 2. Actress Ortiz of Ugly Betty
- 3. Transporter

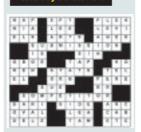
- 1. Apple product
- 7. Reunion attendee
- 11. Stop -- dime (2 words)
- 13. Singer/actress Falana

- 18. Star of Touched by an Angel (2 words)
- 21. the Heat of the Night 22. Buddhist sect

- 28. "Con –

- 36. Minneapolis state.
- 37. Wee Irish fairy 42. Actress Ramirez of Grey's
- 43. "- on Me"
- 44. La Rue of CSI: Miami 47. Related
- 48. Do away with
- 51. Pauses

- 1. We celebrate her in May



See today's answers metronews.ca/



answers.

WEATHER SPECIALIST

g." WEEKDAYS 6 AM



26. Sub zero comment 27. Guy's date

- 6. Comedian Foxx 7. Actress Close
- 8. Function
- 9. McBeal

14

28

32

47

50

- 10. Daniel Kim of Hawaii Five-O
- 16. Seeps
- 19. Toronto's prov.
- 20. Dampens 23. Passing fancy
- 34. Aussie bird

24. Inlet

25. Sound measure

12

15

31. Pennants 35. Reaches 37. Pond

29. Juicy fruit

30. Ward off

- 38. Canal of song
- 39. Bird-bill part 40. Broadway musical
- 41. No ifs, or buts

40

52

- 42. Was in session
- 45. By way of
- 46. The Bold the Beautiful

Sudoku

How to playFill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and

Yesterday's Sudoku

-	1	4	6	5	9	2	7	3
5					3			1
9					7			4
4	6	0	9	7.	1	5	0	2
3	2	1	5	0	6	4	9	7
7	5	9	4	11	2	1	0	6
1	a	5	3	6	4	7	2	9
ō.	9	7	2	1	5	3	4	8
2	4	3	7	9	8	6	T	5

5						3		9	
		1	3		2				
2					7				
		2					6		
	5	6	4	8	9	7	1		
	7					4			
			2			3		1	
			7		8	6			
1		4						3	

TODAY

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MIN: -27

THURSDAY

MIN: -19

FRIDAY

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